

From its foundation in nearby Venice in 2015 to its 300-plus stateside (and over 800 global) locations in late 2023, StretchLab has gained acclaim as the first boutique fitness franchise to offer one-on-one assisted stretching services in an energetic, engaging, and community-focused environment.

Ideally located next to the newly-established Mother's Market, this unique and fast-growing wellness provider promises to "unlock the energy in your body through proper movement." This new lease on life is provided through an array of flexibility-enhancing, vitality-promoting services from its team of highly trained Flexologists®. The Flexologist Training Program (FTP) represents the first nationally accredited program from the Institute for Credentialing Excellence (ICE) and equips Flexologists with in-depth knowledge of the muscular system, build- and age-specific body types, and assisted stretching programs. Both group stretches and customized one-on-one stretch sessions are available within the lab.

StretchLab also prides itself on engaging with and supporting their surrounding neighborhoods—as well as creating their own community within each StretchLab.

[StretchLab](#)

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